



One World, Multiple Cultures:

**Understanding
Cross-Cultural Differences
In Healthcare**

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- ❑ Participants learn about the the growing concerns about racial and ethnic disparities in health and the need for our healthcare systems to accommodate increasingly diverse patient populations. As a result, cultural competence has become more and more a matter of national concern and attention.
- ❑ Participants discuss what happens when a male Anglo doctor tries to treat a Muslim woman or a Latina patient summons a *curandera* to the hospital or an Asian child arrives with "cupping" marks on his back. They discuss why Asian patients rarely ask for pain medication, while Mediterranean patients seem to seek relief for even the slightest discomfort.
- ❑ Participants dialogue about the beliefs and practices of the populations they serve and how it influences their approach to the healthcare delivery system. They leave with a fuller understanding of the relationship between culture and healthcare as well as tips to identify and respond in a way that put the patient before the system.