

You're So

_____ :



**Unconscious Bias
And Cultural Lenses**

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Unconscious Bias and Cultural Lenses

- ❑ The session examines the unconscious biases many of us carry as we operate using our own lens with people from different backgrounds. We discuss examples of telling someone they were so _____, only to find out later that our biases were showing.
- ❑ We explore the new science of implicit bias and its connection to cultural competency. Participants learn how to address unconscious bias when you see it in others and identify these biases in themselves.
- ❑ During the session, participants identify and work with "below the water line" cultural differences and learn skills they can use to increase contextual knowledge, interrupt bias and decrease misunderstandings.